Overweight (25–29.9 BMI)*

	2002				2003			
	n	weighted %	N	95% CI	n	weighted %	N	95% CI
Gender								
Male	541	45%	1,175	40.8–49.3	548	44%	1,216	40.6–48.4
Female	442	29%	1,433	25.7–33.3	407	29%	1,360	25.8–32.7
Total	983	38%	2,608	34.8–40.6	955	37%	2,576	34.6–39.9
Race								
Native (any mention)	199	34%	569	28.2–41.0	205	39%	556	33.2–45.5
Non-Native	774	38%	2,013	35.1–41.6	745	37%	2,006	33.9–39.8
Age								
18–24	69	28%	243	20.2–36.4	73	30%	221	23.0–38.5
25–34	181	38%	485	32.2–44.9	167	36%	472	29.9–42.2
35–44	238	39%	632	33.4–44.7	238	39%	606	33.9–44.8
45–54	229	40%	624	33.8–46.1	231	40%	627	34.2–45.7
55–64	147	40%	334	32.2–48.8	139	37%	362	30.8–43.6
65 or older	115	41%	278	32.4–50.2	98	38%	271	30.4–46.7
Education								
Some H.S.	71	31%	221	23.2–40.7	61	27%	211	19.5–36.5
H.S. grad or GED	318	34%	858	29.8–39.2	314	38%	802	33.8–43.0
Some College or Tech School	297	40%	760	34.9–45.5	311	41%	797	36.5–46.5
College Grad	296	41%	767	35.2–46.2	266	34%	761	29.7–39.0
Income								
Less than $15K	60	25%	238	16.4–36.5	64	25%	214	18.5–33.5
$15,000–24,999	124	32%	384	25.2–39.9	143	43%	358	36.0–50.8
$25,000–34,999	135	38%	347	30.2–46.0	123	34%	339	27.3–41.2
$35,000–49,999	167	34%	430	28.1–41.4	173	38%	472	31.5–44.2
$50,000–74,999	184	41%	440	34.4–48.2	188	43%	452	36.4–49.3
$75K+	228	45%	537	38.4–51.0	200	39%	520	32.9–44.7

* BMI = weight in kilograms divided by height in meters squared ([weight in kg]÷[height in meters]²)

n = Number of respondents who are overweight based on Body Mass Index (BMI) 25-29.9.

% = This is a weighted (adjusted) percentage of the state population (adult) at risk in this demographic subgroup, based on the survey data.

N = Total number of respondents in this subgroup.

95% CI = 95% Confidence Interval; the range of values within which the true value of a prevalence estimate would be expected to fall within, 95% of the time.

Risk Factors

Obesity (30+ BMI)*

	2002				2003			
	n	weighted %	N	95% CI	n	weighted %	N	95% CI
Gender								
Male	290	25%	1,175	21.5–29.1	292	23%	1,216	19.7–26.5
Female	331	22%	1,433	18.2–25.2	355	24%	1,360	21.3–27.6
Total	621	23%	2,608	20.9–26.1	647	24%	2,576	21.3–26.0
Race								
Native (any mention)	188	33%	569	26.8–39.8	159	24%	556	19.1–28.7
Non-Native	424	21%	2,013	18.5–24.1	487	24%	2,006	21.1–26.4
Age								
18 - 24	32	18%	243	11.4–26.7	28	11%	221	6.6–17.9
25 - 34	103	22%	485	16.4–28.4	111	24%	472	18.3–29.8
35 - 44	157	22%	632	17.3–26.6	153	23%	606	19.2–28.3
45 - 54	173	29%	624	23.0–34.9	165	25%	627	20.4–30.5
55 - 64	89	27%	334	20.2–35.1	116	34%	362	27.7–40.6
65 or older	65	24%	278	16.4–33.1	73	26%	271	20.2–33.9
Education								
Some H.S.	62	25%	221	17.3–33.8	62	26%	211	18.7–36.0
H.S. grad or GED	227	28%	858	23.1–32.7	186	22%	802	18.4–26.2
Some College or Tech School	189	24%	760	19.2–29.0	233	25%	797	21.3–29.6
College Grad	143	18%	767	14.3–22.9	165	22%	761	18.4–26.9
Income								
Less than $15K	73	33%	238	23.7–43.6	62	28%	214	20.6–36.9
$15,000 - 24,999	102	24%	384	18.0–31.8	69	15%	358	11.3–20.1
$25,000 - 34,999	78	20%	347	14.2–28.2	97	30%	339	22.7–37.5
$35,000 - 49,999	101	25%	430	19.0–32.9	131	25%	472	20.0–30.3
$50,000 - 74,999	117	24%	440	18.6–31.3	114	26%	452	20.7–33.1
$75K+	102	21%	537	15.8–26.3	126	23%	520	18.2–27.9

* BMI = weight in kilograms divided by height in meters squared ([weight in kg]÷[height in meters]²)

n = Number of respondents who are obese based on body mass indes (BMI) of 30 or greater.

% = This is a weighted (adjusted) percentage of the state population (adult) at risk in this demographic subgroup, based on the survey data.

N = Total number of respondents in this subgroup.

95% CI = 95% Confidence Interval; the range of values within which the true value of a prevalence estimate would be expected to fall within, 95% of the time.

Risk Factors